

Appendix 8: Recreation facilities

Sports and sporting facilities

Sports Clubs

British Club, 189 Surawong Road, Bangrak, Bangkok 10500 Tel: 234-0247, 234-2592, 266-4734

Fax: 235-1560

E-mail: britclub@loxinfo.co.th

http : www.britclub.com

Membership is open to citizens of all nationalities. Presently there are approximately 900 member from some 25 countries, of whom around two thirds are family members.

Facilities include an excellent Bar, Restaurant, Swimming Pool, Babies' Pool and Children's Play ground. The Club offers swimming and tennis lessons for Members and their children.

Activities include bridge, cricket, billiards and snooker, soccer, rugby, squash, tennis (lawn and floodlit hard courts), Darts and Golf. A varied programme of entertainment and fun sporting events is also arranged throughout the year.

The Mariner Club (Opposite Klong Toey Port entrance) Despite its name, the Mariner Club is open to those unconnected with the shipping companies and may interest those unable to join other major clubs. A swimming pool, tennis courts, football pitch, bar and catering facilities are available. Entrance fee is 2,000 Baht and Monthly dues are 250 Baht. No waiting list. Tel: 249-3801 Fax: 249-8754

The Royal Bangkok Sports Club (R.B.S.C.)

Henri Dunant Road, Pathumwan, Bangkok

A prestigious club offering an excellent range of activities and facilities including tennis courts (grass and hard courts), squash courts, swimming pools and swimming lessons, jogging track, restaurant, sauna and 18 hole golf course. Horse racing held every second Sunday and open to the public. Membership open to all nationalities. Currently there is a long waiting list. Membership automatically includes membership to the Polo Club.

Tel: 251-0460-1, 652-5000, 251-0449

Fax: 255-4158

R.B.S.C. Polo Club 18 Soi Sanamklee (Soi Polo) off Wireless Road. The club is part of the Royal Bangkok Sports Club. There is a waiting list and membership requires two sponsors from current R.B.S.C. members. Facilities are excellent and include riding lessons for adults and children. Subscription is an initial fee of 227,894.40 baht plus 1,412.40 baht monthly. Tel: 252-6731-5 Fax: 253-5389

Soi Klang Racquet Club Soi Phromsri between Sukhumvit 39 and 49 Badminton, squash, racquet ball, swimming, table tennis, and tennis are offered as well as aerobics. There is also a gymnasium. Membership fee is 6,000 baht per annum or 4,200 baht per six months or 2,700 baht per three months.

Tel: 391-0963, 392-8442, 712-8010-14 Fax: 391-7980

Golf

There are many beautiful courses in and around Bangkok and many country courses, most of which are public courses open seven days a week. The green fees range from 3-1,000 baht during the week and double this amount on weekends. Caddies are available on all courses and are paid 100-200 baht for 18 holes.

Bangkok area golf courses

Krung-Thep Kreetha Sports Golf Course (Hua Mark) North on Sukhumvit Soi 71, continue past Asian Games Sports Centre; turn right at end the straight stretch of road before crossing Hua Mark bridge. 18 holes. Tel: 379-3732, 379-3768

Navatane Proceed past Hua Mark turn off on Sukhumvit Soi 71 and cross Hua Mark bridge. Follow road past clock tower for 4 km. Championship course, site of 1975 World Cup. 18 holes. Tel: 374-7077, 374-6127, 376-1032-6

Rose Garden Right hand side of the road just past the Rose Garden on road to Nakhon Pathom, about 35 km. west of Bangkok. 18 holes. Tel: (034) 322-544-7, 322-588-93, 322-771, 322-775
Bangkok office: 295-3261-4

The Royal Bangkok Sports Club Henri Dunant Road. Members only and guests who are non-residents of Thailand. Short course, par 66. Green fees (non members). Tel: 251-0634, 251-0449, 251-0460-1, 652-5000 Fax: 255-4158

Royal Thai Air Force Kantarat Don Muang. Situated off the Super Highway. Turn right at commencement of airport boundary and follow road signs. Two courses. 18 holes. Green fees. Tel: 523-6441, 534-3840-1 Fax: 523-6441

Royal Thai Army Course off Phaholyothin Road, Bangkaen. To be avoided at weekends as play is in groups of six. 18 holes. Has a driving range. Tel: 521-5338-9, 521-1184-5 Fax: 521-3391

Royal Thai Navy Course Bangna, Sukhumvit Road, about 3 kms past the new turn off to Pattaya. 9 holes. Tel: 393-1637 Fax: 393-1652

The UNICO Golf Course Golf Course Next door to Krung-Thep course. 18 holes. Tel: 379-3752, 379-3780 Fax: 379-3780

Up-country courses

Bangphra Turn left off Sukhumvit Highway just past Bang Saen Market, about 110 km from Bangkok. Well sign-posted. 18 holes championship course operated by Tourism Authority of Thailand. Accommodation available, book through T.A.T. Tel: 285-0670-2 Fax: 285-0669 Sri Racha, Chonburi: Tel: (038) 701-891, 701-843 Fax: (038) 701-843

Bhumipol Golf Course 460 km north on Chiang Mai Road, 50 km from Tak. 18 holes. Accommodation available. Tel: (055) 412-639 Ext. 2524

Royal Hua Hin Golf Course At Railway Station Hua Hin approximately 200 km south west of Bangkok. 18 holes. Excellent condition. Tel: (032) 512-475, (032) 542-476 Fax: (032) 513-038

Lanna Golf Course In the township of Chiang Mai. 18 holes par 72 course with distant views of Chiang Mai's famed Doi Suthep temple. Owned and managed by the Royal Thai Army. Tel: (053) 221-911 Fax: (053) 221-743

Siam Country Club Pattaya Turn off from main Pattaya Road approximately 200 metres before Pattaya Beach turn-off. About 15 kms. inland. Well sign-posted. Operated by the Tourism Authority of Thailand. Championship course. 18 holes.

Rounds can take up to five hours on weekends. Accommodation available, book through the Tourism Authority of Thailand. Green fees minimal. Tel: 215-3334, 216-2235, 215-0830 ext. 1216 Fax: 215-3334, 216-2235 Pattaya: Tel: (038) 249-381 Fax: (038) 249-387.

Golf groups

The Royal Bangkok Sports Club and The British Club both have golf sections open to members and their guests, The British Club Ladies' Golf Group meets on Tuesdays. Tel: 251-0181-6 Fax: 255-4158

F.L.O.G.G. for lady golfers meets on Fridays. Players of any standard or nationality are welcome. Contact: Mrs. Joan Jurgens Tel: 391-5664 Fax: 712-0383

Tennis courts

Central Tennis Soi Attakarn Prasit (Soi Jusmag), off South Sathorn Road, Tel: 213-1909

Sawadii Soi Sawadii (between Sois 29-31 Sukhumvit Road) Tel: 258-4502 Fax: 662-0080 Tennis lessons are available for all members of the family.

Windsurfing

Exit left off expressway to the Airport into Chaeng Wattana Road. Drive over large klong then turn right into Moo Baan Muang Thong Village. Travel past Sukhothai Open University and take left hand turn through guardpost into Krong Kan 2 (housing Estate). Lake is on left hand side. Equipment is for hire.

Voluntary welfare work

Bangkok's welfare institutions provide a wide range of opportunities for volunteer work. Professional workers, e.g. doctors, nurses, physiotherapists and social workers are always in demand. Volunteers with practical skills provide invaluable assistance by visiting and caring for children within institutions and by fund raising, collecting basic necessities and organising untrained workers.

Phya Thai Babies Home Rama VI Road Bangkok. Volunteers are always needed to help bathe the babies and give them attention. International volunteer groups work on a roster to maintain daily help. Tel: 246-8748, 245-5635 Fax: 246-4092

Pakkred Babies Home Bangkok. This home is a public residential establishment where abandoned children are cared for from birth to 5 years. This home also has a section for the mentally and physically handicapped and there is a desperate need for helpers in this area. Bill Timmons, Director of Project L.I.F.E., runs an

air-conditioned bus to both Pakkred and Phya Thai Homes, leaving the Ambassador Hotel Soi 11 Sukhumvit Road. at 0830 hours sharp and returning by 1130 hours. Tel: 583-8314 Fax: 583-3000

Bangkok School for the Blind 420 Rajavithi Road, Tel: 246-0070, 246-1431 Fax: 248-1369 is grateful for help with handicrafts and needs skilled volunteers to teach music and English.

Human Development Centre 3757/15 Soi 40 Sukhumvit Road. Tel: 392-7981, 381-1821 Fax: 391-4968 Father Maier is doing a wonderful job for children of workers living in this area. Help is needed in his pre-school kindergarten at Soi 42 Sukhumvit Road.

For further information regarding any of the listed institutions please contact the Charity Section of any Women's Organisation.